



## WHAT TO BRING

### Sleeping requirements

- Sheets
- Doona or sleeping bag
- Pillow
- Pyjamas

### Shower requirements

- Towel
- Soap
- Shampoo/conditioner
- Deodorant
- Toothpaste/toothbrush
- Thongs

### Clothing

- Clothes for 3 days
- Something warm in case it cools down
- Shoes – must be worn when in session and during break times

### Extras

- Tissues
- Water bottle**

**Prescribed medication** must be in the original packaging with the dosage of the prescription attached, to be handed to the Medications Officer at Registration.

**All electronics** are allowed on the bus trip but collected at registration and handed back for Workshop Evaluations – **Bring Phone Charger**